SkillSet
Coaching & Organizing

WORKING WITH
PIVOTAL OBJECTS*

What to do when a weird or insignificant item gets you stuck, and halts your progress.

Sometimes, we dive into organizing a space optimistically and with lots of energy, until we come across an object that stumps us. It could be anything - a scrap of wood, a single shoe, a gift you've never used, Mardi Gras beads. For some, it might look like an easy decision, yet all we can think is:

"But that's a perfectly good _____!"; or
"I _should_ do _____ with that item."; or maybe...

...maybe you just draw a total blank.

What to do??

ASK YOURSELF:

- How did this item come to live in the space?
- Where, or who did it come from?
- What do you notice when you observe, or think about it?
- What would the space be like without it?
- Is it stored in a way that keeps it safe/preserved/maintained?
- Does it "work" for you?
- What's the worst that would happen if you let go of it? The best thing?
- Would you think about it later? In two weeks? Two months?
- Does this object make you a more successful YOU?

It can be helpful to have a supportive, unbiased person work through this process with you. **Or**, use the second sheet of this printable to reflect. Your answers can help you see a Pivotal Object's true value more clearly, and thus determine its appropriate destination. You might let it go, or you might keep it - either way, sorting should get much easier after making a decision about a Pivotal Object!
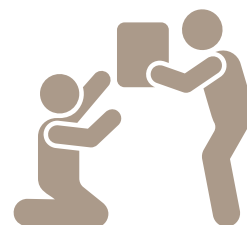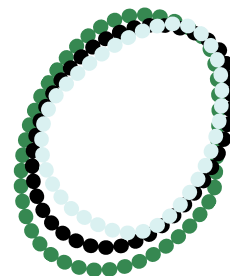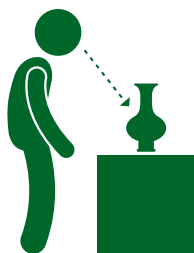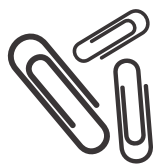
Pivotal Object Worksheet

My Pivotal Object: _____

What is the goal for where I'm working?

What do I want to know about this object?

Review a few questions from the prior page that could apply to the object and write your thoughts below:

Decision: _____